



BACPR Annual Conference 2022

Cardiovascular Prevention and Rehabilitation – a renewed and contemporary approach
Programme

THURSDAY 6th OCTOBER 2022

From 09:00	Registration opens	
10:00 – 10:10	Housekeeping and Opening	Dr Tom Butler <i>BACPR Scientific Officer</i>
10:10 – 10:25	Welcome from BACPR President	Dr Kathryn Carver <i>BACPR President</i>
10:25 – 10:55	Keynote - Cardiology in West Midlands	Professor James Cotton <i>Consultant Cardiologist at the Heart and Lung Centre, New Cross Hospital in Wolverhampton</i> Paul Stern <i>Head of the Midlands Cardiovascular Disease and Respiratory Clinical Network</i>
10.55 – 11.05	<i>Question and Answers to Keynote</i>	
11.05 – 11:35	Healthy Break Posters	
Session 1 Latest on National /International Guidelines Chairs: Dr Tom Butler and Sally Hinton		
11:35 – 11:55	Latest from European Guidelines	Professor Lis Neubeck <i>Head of the Centre for Cardiovascular Health Edinburgh Napier University</i>
11:55 – 12:15	Is routine practice cardiac rehab still tailored to patients' needs post-Covid?	Professor Patrick Doherty & Dr Alexander Harrison <i>National Audit of Cardiac Rehabilitation</i>
12:15 – 12:35	Updated BACPR Standards and Core Components	Professor Susan Dawkes <i>Professor of Nursing and Cardiovascular Health, Robert Gordon University</i>
12:35 – 12:45	<i>Question and Answers to Speaker Panel</i>	
12:45 – 13:45 13.00 – 13.30	Lunch and Networking, Exhibition Stands and Posters <i>Sponsored Symposia</i>	
Session 2 Advances in Technology Chairs: Jen Hannay and Ruby James		
13:45 – 14:05	Digital Health and Cardiovascular Prevention and Rehabilitation	Professor Julie Redfern <i>University of Sydney, Australia</i>
14:05 – 14:25	The Virtual Heart Failure Clinic	Edith Donnelly <i>Trainee Advanced Nurse Practitioner, Southern Trust, Belfast</i>
14:25 – 14.45	Exploring what is hybrid delivery?	Natalie Graham <i>Cardiac Rehabilitation Coordinator Stepping Hill Hospital, Stockport NHS Foundation Trust</i>
14.45 – 14.55	<i>Question and Answers to Speaker Panel</i>	
14.55 -15.30 15.05 – 15.30	Healthy Break Oral Abstract session	

Session 3 Current Diet and Nutrition messages		
Chairs: Dr Tom Butler and Gill Farthing		
15.30 – 15.50	How to adapt a Mediterranean diet to a South East Asian group	Emmy West <i>Cardiac Dietitian, Imperial College Healthcare NHS Trust</i>
15.50 – 16:10	HEART UK's Diet Checklist – helping professionals and consumers identify dietary improvements for optimum cholesterol reductions	Elphee Medici <i>Nutrition & Sustainability Communications Consultant</i>
16:10 – 16.30	Lipid management	Professor Bruce Griffin <i>Nutritional Metabolism, University of Surrey</i>
16.30 – 16.40	<i>Question and Answers to Speaker Panel</i>	
17.00 – 17.30	BACPR AGM	
19:15 – 20:00	Drinks Reception	
20:00 onwards	Gala Dinner	
FRIDAY 7TH OCTOBER 2022		
09.00	Day delegate registration	
Session 4 Spotlight on Equality and Diversity		
Chairs: Dr Kathryn Carver and Heather Probert		
9.30 – 9.50	BSH Session - Focus on Cardiac Rehab and Heart Failure	Prof Zaheer Yousef <i>Consultant Cardiologist, University Hospital of Wales, Cardiff</i>
9.50 – 10.10	Gender Inequalities & what we can do about it	Maggie Simpson <i>Advanced Clinical Nurse Specialist, NHS Golden Jubilee, Glasgow</i>
10.10 – 10.30	Similarities and Differences in Cardiovascular Risk Knowledge in people living with Rheumatoid Arthritis: data from India and the UK	Dr Kanta Kumar <i>Associate Professor, University of Birmingham and Hon Professor, PGI, Chandigarh, India</i>
10.30 – 10.40	<i>Question and Answers to Speaker Panel</i>	
10:40 – 11.10	Healthy Break Posters	
Session 5 Importance and Role of Psychosocial Support		
Chairs: Dr Carolyn Deighan and Jenny Aindow		
11.10 – 11:30	Making the case for Psychology in CR	Dr Mark Griffiths <i>Consultant Clinical Psychologist, Liverpool Heart and Chest Hospital</i>
11:30 – 11.50	Why all about Phase III? – <i>the well-being factor of in- person Phase IV</i>	Paul Corless <i>Transformation Manager, Primary Care Team, NHS Warrington CCG</i>
	Expert by Experience	Martin Dixon
11.50 – 12.10	Understanding trauma experiences in cardiac rehabilitation services	Dr Katie Murray <i>Clinical Psychologist, Imperial College Healthcare NHS Trust</i>
12.10 – 12.20	<i>Question and Answers to Speaker Panel</i>	
12.20 – 13:20	Lunch and Networking	

12.30 – 13.00	Exhibition Stands Improving cardiovascular care in women Dr Shazia Hussain <i>Sponsored Symposia</i>	
Session 6 Driving the Research Agenda Chairs: Dr Susan Dawkes and Alison Allen		
13:20 – 13:40	Research Priorities in Cardiovascular Disease Prevention and Rehabilitation	Dr Aynsley Cowie <i>BACPR BHF CRC Lead</i> Dr Sheona McHale <i>Research Fellow Cardiovascular Health</i> <i>Edinburgh Napier University</i>
13:40 – 14.00	SCAR trial	Dr Stuart Ennis <i>Centre for Exercise and Health, University Hospital, Coventry</i>
14.00 – 14.20	Cardiac Rehabilitation – a participant’s perspective. Learning from the pandemic to shape future delivery	Richard Forsyth <i>BHF Health Systems Insight Manager</i>
14.20 – 14.30	<i>Question and Answers to Speaker Panel</i>	
14.30 – 14.40	Awards for Best Oral Abstract and Best Poster	Dr Kathryn Carver <i>BACPR President</i>
14.40 – 15:00	Closing Remarks and Evaluation	Dr Tom Butler <i>BACPR Scientific Officer</i>



The BACPR Annual Conference 2022 has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 16 category 1 (external) CPD credit(s)

