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|--------------------------|-----------------------------------|------------------|----------------------|
| Patient's Name | <input type="text"/> | Telephone Number | <input type="text"/> |
| Address | <input type="text"/> | | |
| | Postcode <input type="text"/> | | |
| Age | <input type="text"/> | Date of Birth | <input type="text"/> |
| | Email <input type="text"/> | | |
| Emergency Contact Number | <input type="text"/> | Name | <input type="text"/> |
| | Relationship <input type="text"/> | | |
| GP | <input type="text"/> | Telephone Number | <input type="text"/> |
| Surgery Name | <input type="text"/> | | |

Current Cardiovascular Event

| | | | |
|----------------------------------|----------------------|------|----------------------|
| Most Recent Cardiovascular Event | <input type="text"/> | Date | <input type="text"/> |
| Details | <input type="text"/> | | |
| Complications | <input type="text"/> | | |

Current Angina (please tick) Yes No

| | | | |
|-----------------|--|-------------------|--|
| Date of Onset | <input type="text"/> | Details of Angina | <input type="text"/> |
| Triggers | <input type="text"/> | | |
| Relieved by GTN | Yes <input type="checkbox"/> No <input type="checkbox"/> | Relieved by Rest | Yes <input type="checkbox"/> No <input type="checkbox"/> |
| | Frequency of GTN <input type="text"/> | | |

Arrhythmias (please tick) Yes No

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|---------------|----------------------|------------------------|----------------------|
| Date of Onset | <input type="text"/> | Details of Arrhythmias | <input type="text"/> |
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|---------|------------------------------|------------------------------------|------------------------------|------------------|----------------------|
| Devices | ICD <input type="checkbox"/> | Pacemaker <input type="checkbox"/> | CRT <input type="checkbox"/> | Details/Settings | <input type="text"/> |
|---------|------------------------------|------------------------------------|------------------------------|------------------|----------------------|

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|---------------|--------------------------|------|----------------------|---------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Heart Failure | <input type="checkbox"/> | Date | <input type="text"/> | NYHA Classification | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> | 4 <input type="checkbox"/> |
|---------------|--------------------------|------|----------------------|---------------------|----------------------------|----------------------------|----------------------------|----------------------------|

Investigations

| | | | | | | | | |
|----------------------|----------------------|------------------------|-------------------------------|-----------------------------------|-------------------------------|-------------------|----------------------|---|
| Echocardiogram Date | <input type="text"/> | LV Function | Good <input type="checkbox"/> | Moderate <input type="checkbox"/> | Poor <input type="checkbox"/> | Ejection Fraction | <input type="text"/> | % |
| Other Investigations | <input type="text"/> | Ongoing Investigations | <input type="text"/> | | | | | |

Cardiovascular History Prior to Above Event

If NO previous Cardiovascular History (please tick)

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| <input type="text"/> |
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Other Medical History

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|-----------------|--------------------------|-----------------|--------------------------|--------------|--------------------------|-------------|--------------------------|--------------------------|--------------------------|----------------|--------------------------|
| Stroke | <input type="checkbox"/> | Epilepsy | <input type="checkbox"/> | Claudication | <input type="checkbox"/> | COPD/Asthma | <input type="checkbox"/> | Musculoskeletal problems | <input type="checkbox"/> | Neuro problems | <input type="checkbox"/> |
| Diabetes Type 1 | <input type="checkbox"/> | Diabetes Type 2 | <input type="checkbox"/> | | | | | | | | |

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|----------------|----------------------|
| Other/Comments | <input type="text"/> |
|----------------|----------------------|

Patient Name

Medication

Please tick those currently taken:

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|---|---|--|--|--|
| ACE Inhibitor <input type="checkbox"/> | Alpha Blocker <input type="checkbox"/> | Angiotensin II Receptor Blocker <input type="checkbox"/> | Anti-arrhythmic <input type="checkbox"/> | Specify type <input type="text"/> |
| Aspirin <input type="checkbox"/> | Beta Blocker <input type="checkbox"/> | Calcium Channel Blocker <input type="checkbox"/> | Name <input type="text"/> | |
| Clopidogrel / Prasugrel / Ticagrelor <input type="checkbox"/> | Diuretic <input type="checkbox"/> | DOAC / NOAC <input type="checkbox"/> | GTN Spray / Tablets <input type="checkbox"/> | Insulin <input type="checkbox"/> |
| Ivabradine <input type="checkbox"/> | Lipid Lowering Medications <input type="checkbox"/> | Specify type <input type="text"/> | Metformin <input type="checkbox"/> | Nitrate <input type="checkbox"/> |
| Potassium Channel Activators <input type="checkbox"/> | Sacubitril / Valsartan <input type="checkbox"/> | SGLT2 Inhibitors <input type="checkbox"/> | Warfarin <input type="checkbox"/> | Other Medications <input type="text"/> |
| <input type="text"/> | | | | |

CVD Risk Factors

Please tick those that are applicable:

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|---|---|--|-----------------------------|---------------------------------------|---|---------------------------------|--------------------------|---------------------------------|
| Smoker | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Ex <input type="checkbox"/> | Diabetes | Type 1 <input type="checkbox"/> | Type 2 <input type="checkbox"/> | BMI <input type="text"/> | Waist Circ <input type="text"/> |
| High Cholesterol <input type="checkbox"/> | Physical Inactivity prior to Phase III <input type="checkbox"/> | | | Hypertension <input type="checkbox"/> | Excess Alcohol <input type="checkbox"/> | | | |
| Anxiety <input type="checkbox"/> | Depression <input type="checkbox"/> | Family History of CVD <input type="checkbox"/> | | | | | | |

Core Rehab Exercise Status

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|---|---|---|--------------------------------|-----------------------------------|------------------------------|-------------------------------------|
| Date Started <input type="text"/> | Date Completed <input type="text"/> | Number of Exercise Sessions Attended <input type="text"/> | | | | |
| Mode: | In-person <input type="checkbox"/> | Remote <input type="checkbox"/> | Hybrid <input type="text"/> | Interval <input type="checkbox"/> | or | Continuous <input type="checkbox"/> |
| Final Session detail: | Time per CV station <input type="text"/> mins | Time for AR station <input type="text"/> mins | Total CV <input type="text"/> | Total AR <input type="text"/> | | |
| Submax Functional Test Results: | Date <input type="text"/> | Description of Test <input type="text"/> | Peak METS <input type="text"/> | Peak HR <input type="text"/> | %HRR <input type="text"/> | |
| Symptoms <input type="text"/> | Reasons for Stopping <input type="text"/> | Other <input type="text"/> | | | | |
| Pre-exercise BP Final session: <input type="text"/> | Pre-exercise HR Final Session <input type="text"/> | Reg <input type="checkbox"/> | Irreg <input type="checkbox"/> | | | |
| Prescribed Training Heart Rate Range <input type="text"/> | Achieved Training Heart Rate Range <input type="text"/> | Average RPE <input type="text"/> | Able to Self Pace | No <input type="checkbox"/> | Yes <input type="checkbox"/> | |
| Adaptations / Limitations <input type="text"/> | Cardiac Symptoms During Exercise: Please Specify <input type="text"/> | | | | | |
| Home Exercise Programme / Exercise related goals <input type="text"/> | | | | | | |

Patient Informed Consent

I agree for the above information to be passed on to the Exercise Instructor. I understand that I am responsible for monitoring my own responses during exercise and will inform the instructor of any new or unusual symptoms. **I will inform the instructor of any changes in my medication and the results of any future investigations or treatment.**

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|--|---------------------------|
| Patient Signature <input type="text"/> | Date <input type="text"/> |
| Verbal Consent given by Patient <input type="checkbox"/> | |

Important Notice

At Time of Transfer this Patient: is clinically stable concurs with prescribed medication is NOT awaiting further follow up or treatment
is awaiting further follow up or treatment Please Specify

Cardiovascular Rehabilitation Professional Signature

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|--------------------------------------|--------------------------------|
| Signature <input type="text"/> | Date <input type="text"/> |
| Email <input type="text"/> | |
| Name <input type="text"/> | Job Title <input type="text"/> |
| Contact Address <input type="text"/> | Tel No. <input type="text"/> |