BACPR Risk Stratification Tool

Criteria that increase risk when exercising	Y or N If all are N: = Low risk	If any Y but NO High risk apply: = Moderate	If any ONE applies tick Y against it: = High Risk
Complicated Event:			
♥ Heart failure	N	N	Y
♥ Post event/procedure ischaemia/angina	N	N	Y
Reduced Left Ventricular Function:			
♥ EF <35% poor LVF (severely impaired)	N	N	Y
♥ EF 35-49% moderate LVF	N	Y	N
Residual Ischaemia Symptoms:			
♥ Angina or other significant symptoms (Light-headedness and dyspnoea) at low workloads	N	**Angina at ≥ 7 METS**	**Angina at < 5 METS**
♥ Silent Ischaemia during exercise testing or in recovery (ST segment depression)	N	**< 2mm ST ↓**	**≥ 2mm ST ↓**
Serious Arrhythmias:			
♥ History of complex ventricular arrhythmias at rest or exercise	N	N	Y
♥ Implanted ICD	N	N	Y
♥ History of cardiac arrest	N	N	Y
Other:			
♥ Maximal Functional Capacity less than 7 METS	N	**< 5 METS**	**<3 METS**
♥ Clinically significant depression treated	N	N	Y
Risk Stratification	**Low**	**Moderate**	**High**

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Low Risk   Start with low. All criteria must be a N. If so, stop there as low risk**.**

High Risk   Then check all the criteria against the high risk column, if any ONE in that column applies, they are automatically high risk

Moderate Risk   If they are not high or low then they are moderate risk, clarified by the criteria in orange boxes.

BACPR Tool based on AACVPR (2021) Stratification of risk for cardiac events during exercise participation.